



सिर्फ सलाह नहीं, साथ भी देते हैं हम.

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**CHALO[®]
KHUSHIYAN
BATEIN**
Registered Trademark

NGO
FIVE FOLD
MAITRI SOCIETY
REGD. NO. F-0035696 (NGP)
Since 2017



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CHALO KHUSHIYAN BATEIN

VISION

The Five Fold Maitri Society envisions promoting joy and contentment among individuals irrespective of their caste or creed. The primary goal is to elevate the quality of life for the underprivileged by providing them with access to quality food and education, while instilling in them the essence of virtuous living.

MISSION

The society's primary objective is to provide basic sustenance to those in need, specifically, quality food. Our goal is to ensure that no individual in the city goes to bed hungry.

FUTURE PLANS

In the near future, our society aims to support widows by providing them with monthly rations and basic necessities. Additionally, we intend to establish schools, day care centers, old age homes, and community kitchens to aid the underprivileged members of our community. Our goal is to create a better future for all individuals, regardless of their socioeconomic status.

GOOD GOVERNANCE

Credibility and accountability are fundamental principles of Five Fold Maitri Society (Regd.), reflected in the promotion of good governance in its operations and processes. The Society employs a comprehensive four-tier audit and evaluation mechanism to review the effectiveness of its programs and projects, examine internal operations, ensure compliance with statutory norms, and conduct external evaluations to assess the impact and outcomes of various development initiatives. This approach guarantees transparency and accountability in fund utilization and ensures that investments generate the desired impact.





FOOD FOR EVERYONE, FIGHT AGAINST HUNGER & MALNUTRITION.

NO ONE IN INDIA SHALL BE DEPRIVED WITH HUNGER. MAKING DEVELOPMENT PROGRAM FOR ALL THE COMMUNITIES.

- By the end of May 2022, 124,400 meals had been served through Langar.
- A total of 43,877 packed meals were distributed during the lockdowns of both 2020 and 2021.
- Since April 2019, over 27,000 surplus meals have been collected from families and distributed to those in need.

RUNNING PROJECTS

- Surplus food collection from party halls or homes under our Project DON'T WASTE FOOD, DONATE FOOD.
- Collecting used wearable clothes for needy people.
- Monthly Ration Kits Distribution to needy families.
- Note Book, Pen & Pencil distribution once in a month to slum kids.
- Fruits Distribution in hospitals once in a month.
- Healthy Meal Distribution to destitute people once in a week.
- Distribution of used clothes to needy in a week.
- Hygiene Kits distribution to needy women in a month.
- Makeover project for destitute people.

The items you can donate for needy people are:
SURPLUS FOOD, RATION ITEMS, CLOTHES, BOOKS, DRAWING KITS, UTENSILS ETC.

DROP YOUR SURPLUS ITEMS AT OUR OFFICE LOCATION FOR REDISTRIBUTION.

BANK DETAILS FOR DONATIONS

Five Fold Maitri Society
IFSC : BKID0008709
Reg. No. Nagpur F-0035696

Account No: 870920110000405
Bank Of India
Niti Aayog Reg. U.Id. MH/2021/0289742

CSR1: CSR00057690
UPI : boism-9561304174@boi
Pan no. AAAAF5887B

TAX BENEFITS ON DONATIONS UNDER SECTION 80G

Whatsapp No. +91 777 5964 171 (Monday to Saturday)



The Five Fold Maitri Society is a registered organization committed to address the fundamental need of nourishing food for all individuals across Nagpur city for the past 07 years. The organization has been working towards betterment of the society for almost a decade and was registered in the year 2017 to promote joy and contentment among individuals, irrespective of their caste and creed, by providing access to quality of life for the less fortunate.

We, the Five Fold Maitri Society (Regd.), would like to thank you from the bottom of our hearts for your support for financial year 2023-24. We much appreciate your unwavering support for our mission, CHALO KHUSHIYAN BATEIN. We look forward to your cooperation in financial Year 2024-25 as well. Thank you.



The Five Fold Maitri Society is a leading organization in the city known for its impactful initiatives and commitment to promoting joy and contentment among individuals, regardless of their background. They address critical social needs through initiatives such as providing food, clothes, and ration kits to underprivileged families.

The society upholds transparency and accountability through a comprehensive audit mechanism and engages with the community through training and awareness camps. They prioritize volunteer development and take a holistic approach to elevate the quality of life for the underprivileged. The society's strategic planning includes future plans to support widows and establish schools, daycare centers, old age homes, and community kitchens.

Overall, the society's reputation is built on its mission, impact, transparency, community engagement, volunteer development, holistic approach, and strategic planning.



खुशियों को अपने तक ही सीमित ना रखो, खुशियों को बाँटें.. बहुत सारे लोगों को खुशियों की ज़रूरत है.

• **Aman Bharadwaj** (Founder)

RECOGNITION AND HONOUR

- Our Partnership with Fakta Chav - Nagpur Food Mahotsav:



- Received for the first time, the Nagpur Annual 'Change Maker Award' for the year 2022 at Indian Institute of Management, Nagpur in 9th. Annual Global Nagpur Summit 2022 by NAGPUR FIRST.



- We are proud to announce our partnership with Fakta Chav - Nagpur Food Mahotsav, a prestigious event dedicated to celebrating food culture and combating food wastage. As a partner in this event held between 31st May to 02 June 2024, we are committed to contributing towards the noble cause of reducing surplus food wastage in Nagpur city.

- Received the Nagpur Annual 'Change Maker Award' for the second consecutive year 2023 highlights not only past achievements but also ongoing dedication, innovation, and impact in driving positive change within our community.

- Honored to be a part of the panel discussion on "Circular Economy and Environmental Sustainability in SMEs" organized by IIM Nagpur, India in Collaboration with the British Council.





भूखे को रोटी..
प्यासे को पानी..
आप भी बदल सकते हो..
किसी एक की कहानी..

The campaign **"DON'T WASTE FOOD - DONATE FOOD"** poster was unveiled by the **Hon'ble Shri Nitin Gadkari Ji, (Minister of Road Transport and Highways)** in the presence of Mr. Rajnish Khandagale (President FFMS), Ms. Bhumika Pelne (Vice President FFMS), Mr. Ansh Dhomne (I.T. Head FFMS), and attendees Sunny Raj, Apeksha Dabli and Ritika Arya on May 19, 2024.

DEATH BY HUNGER IS INDIA'S TRAGIC REALITY

It is pertinent to realise that 34 out of 1,000 children born in the country die in the mother's womb itself. Nine lakh children below the age of five die much before they can comprehend the meaning of independent India and approximately 19 crore people in the country are compelled to sleep on an empty stomach.



Campaign "Don't Waste food, donate food" Poster Launched By **Hon'ble Shri. Piyush Chiwande Ji (Deputy District Collector)** and **Hon'ble Shri Jitendra Shiktode (Tehsildar)** along with Mr. Sunnyraj Katam (Project Head), Priyanka Jambhulkar and Vaishnavi Barapatre on Dated. 10-06-2024.



Campaign "NO WASTE - NO HUNGER" Poster Launched By **Hon'ble Dr Bhushan Kumar Upadhyay Ji (Commissioner of Police, Nagpur City)** along with Mr. Rajnish Khandagale (President FFMS), Mr. Vinesh Ukey (Treasurer FFMS), Ms. Saroj Kuppallwar (Member FFMS) On Dated. 24-08-2020.

DISHA

- A Direction

The DISHA project, part of CHALO KHUSHIYAN BATEIN under the Five Fold Maitri Society, focuses on providing expert guidance, counseling, and support to empower youth in making informed decisions and developing leadership skills. The project aims to assist young individuals in channeling their potential and talents towards positive personal and professional growth. Through counseling, training, and financial as well as legal assistance, the DISHA project aims to help youth navigate career choices, overcome challenges, and access opportunities for advancement. By connecting youth with experts in various fields, the project seeks to equip them with the necessary knowledge and skills to pursue successful careers and contribute to their communities.



Happiness Spreader Program

The society welcomes happiness spreader who are passionate about making a difference in the lives of those in need. Happiness Spreader can participate in various activities such as meal distribution, clothes distribution, monthly ration kits distribution, hygiene kits distribution, education support, and awareness campaigns. Interested individuals can reach out to the society through their contact details provided in the materials or by filling out the Happiness Spreader form available on our website and on all social media platforms to inquire about the Happiness Spreader opportunities and the process for getting involved.

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SPREADING HAPPINESS DAILY



MEET MAYUR KAMORA

Hi, I'm Mayur Kamora. Student of NIRMA University, Ahmedabad.
Course : Integrated BBA-MBA doing an Internship in Five Fold Maitri Society, Nagpur.

INTERN
16-05-2024 TO 16-06-2024

1800 120 327733 Toll Free  CHALO KHUSHIYAN BATEIN

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CHALO KHUSHIYAN
BATEIN
SPREADING HAPPINESS DAILY



MEET BHUMIKA WADHWANI

Hi, I'm Bhumika Wadhvani, Student of CHRIST (Deemed to be University), Pune Lavasa Campus - 'The Hub of Analytics'
Course : BBA doing an Internship in Five Fold Maitri Society, Nagpur.

INTERN
26-06-2024 TO 24-07-2024

1800 120 327733 Toll Free  CHALO KHUSHIYAN BATEIN

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CHALO KHUSHIYAN
BATEIN
SPREADING HAPPINESS DAILY



MEET JYOTIRADITYA SINGH

Hi, I'm Jyotiraditya Singh, Student of Tirpude institute of management education Nagpur. Course : BBA doing an Internship in Five Fold Maitri Society, Nagpur.

INTERN
26-06-2024 TO 24-07-2024

1800 120 327733 Toll Free  CHALO KHUSHIYAN BATEIN

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BATEIN
SPREADING HAPPINESS DAILY



MEET ANJALI S. MESHAM

Hi, I'm Anjali Suresh Meshram, Student of Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. Course : Arts, doing an Internship in Five Fold Maitri Society, Nagpur.

INTERN
15-07-2024 TO 12-08-2024

1800 120 327733 Toll Free  CHALO KHUSHIYAN BATEIN



Five Fold Maitri Society was honored to present itself and be a part of the **Student - NGO Summit 2024, hosted by Symbiosis Institute of Technology, Symbiosis International University, Nagpur**. During our presentation, we had the privilege of sharing our NGO's journey, highlighting our achievements, challenges, and the invaluable lessons we have learned along the way. Our commitment to creating positive change was warmly received by an audience of dynamic and forward-thinking students. We were inspired by the enthusiasm and dedication of the participants, whose innovative ideas and fresh perspectives promise a brighter future for our communities. The exchange of insights and collaborative spirit at the summit reinforced our belief in the power of youth to drive social transformation. We extend our heartfelt gratitude to Symbiosis Institute of Technology for organizing this remarkable summit and providing us with the opportunity to connect with like-minded individuals and organizations. Together, we look forward to continuing our efforts while collaborating with the students to create a sustainable and equitable future.

Heartwarming Visit to National Cancer Institute!

On June 15th, 2024, our NGO had the honor of visiting the National Cancer Institute (NCI) Nagpur for a facility tour and a special event. During our visit, we donated drawing kits to the pediatric cancer patients, hoping to bring a bit of joy and creativity into their lives. We extend our heartfelt thanks to Col. A K Sharma, Joint Director NCI, Mrs. Malini Joshi, Senior Manager Social Work, Mr. Prakash Dalvi, Deputy Manager IT, and Mrs. Megha Dixit, HR Head, for their warm welcome and support. Your dedication and efforts make a significant difference in the lives of these young patients.

Together, we can bring hope and smiles to those who need it the most.





CORE PROGRAMS



FOOD DISTRIBUTION DRIVE

The Five Fold Maitri Society's initiative, CHALO KHUSHIYAN BATEIN, focuses on food distribution to address hunger in India. We organize monthly langar drives where volunteers prepare and distribute five-course meals to those in need. The meals typically include flavored sooji halwa, vegetarian curry, dal, rice, and chapati, packed in food-grade containers. The society also collects surplus food from households and events to redistribute to the needy. Through these efforts, we aim to reduce food waste, provide immediate assistance to those in need, and raise awareness about food insecurity in the community.

CLOTHES DISTRIBUTION DRIVE

The CHALO KHUSHIYAN BATEIN initiative by the Five Fold Maitri Society (Regd.) in Nagpur, India, focuses on distributing clothes to those in need. The project collects new and used wearable clothes, including essential items like raincoats and umbrellas, through awareness campaigns and donations. The donated items are sorted, categorized, and packed for distribution to specific locations, organized by gender and age groups. The initiative aims to address clothing poverty as a fundamental human right, improve well-being, and engage local communities in collaborative efforts. By providing access to clean and appropriate clothing, the project enhances dignity, self-esteem, physical health, psychological well-being, and overall quality of life for vulnerable populations. Additionally, the distribution of clothing supports increased school attendance, improved job opportunities, relief from immediate hardships, and reduced healthcare costs related to extreme weather conditions.

SANITARY PADS DISTRIBUTION

The Hygiene Kit or Sanitary Pad Distribution project by CHALO KHUSHIYAN BATEIN aims to provide essential hygiene products to women in need, including sanitary pads, sanitizer bottles, handkerchiefs, and biodegradable bags. This initiative not only focuses on distributing hygiene kits but also emphasizes raising awareness about menstrual hygiene and educating the community on the importance of supporting women during their menstrual cycles. Through interactive sessions, social media campaigns, and community engagement, the project seeks to empower individuals, particularly women and girls, by promoting good personal hygiene practices and enhancing their overall well-being. CHALO KHUSHIYAN BATEIN's efforts in this area contribute to improving health, dignity, and empowerment among underserved populations.

STATIONARY KITS DISTRIBUTION DRIVE

The Stationary Kit Distribution initiative by CHALO KHUSHIYAN BATEIN, a project under the Five Fold Maitri Society, focuses on providing essential educational materials to underprivileged children in India. The distribution includes items such as drawing books, pens, pencils, erasers, rulers, drawing colors, notebooks, novels, and other stationary supplies. This initiative aims to support and encourage learning among children living in slums by providing them with the necessary tools for education and creativity. Additionally, interactive sessions and counseling are conducted to engage with the children and their parents, emphasizing the importance of education and facilitating school enrollment for those who are not attending. The overall goal is to empower these children through education and equip them with the resources needed to succeed in their academic endeavors.



CORE PROGRAMS

MONTHLY RATION KITS TO WIDOWS

The monthly ration kit distribution program by CHALO KHUSHIYAN BATEIN aims to provide essential food items to elderly, helpless widows in need. The program includes the distribution of a monthly ration kit containing items such as rice, wheat flour, oil, lentils, spices, and flattened rice. The process involves receiving requests from references or concerned citizens, assessing the specific requirements of beneficiaries, conducting background verification, and preparing the ration kits accordingly. The organization procures ration items in bulk from wholesalers, prepares the kits in advance, and distributes them to widows on a monthly basis. Additionally, the program focuses on maintaining detailed beneficiary documentation, ensuring the well-being of recipients, and addressing their needs beyond just providing food support. The initiative is carried out with the help of dedicated volunteers who play a crucial role in the distribution process, reflecting a compassionate and structured approach to supporting elderly widows in the community.

DESTITUTE MAKEOVER

The Destitute Makeover project under the CHALO KHUSHIYAN BATEIN mission aims to transform the lives of homeless individuals in Nagpur City by providing a complete makeover. Through a systematic process of identification, evaluation, and grooming, the project focuses on addressing the physical and mental well-being of destitute individuals, including basic medical tests and the provision of fresh clothes. Currently focused on assisting homeless men, the project emphasizes communication, trust-building, and maintaining proper sanitation throughout the makeover process. By restoring dignity and empowering homeless individuals, the initiative seeks to make a positive impact on their lives and well-being.

It's imperative that no individual in India should suffer from hunger.

Our journey commenced with a compelling vision to spread happiness and joy via the mission CHALO KHUSHIYAN BATEIN. This initiative involves a monthly Food Langar and Food Distribution Drive targeting underprivileged members of society residing in Nagpur city. Our primary objective is to ensure that no individual goes to bed hungry, a significant and prevalent issue affecting many households today. We take pride in the fact that our efforts have successfully fed over 1,21,200 individuals through our monthly langars conducted at various locations in Nagpur.

To increase citizen engagement, we have devised a distinctive approach to gather surplus food directly from households, hotels, marriage halls, and event venues and distribute it amongst the less fortunate. Our initiative involves collecting even a single leftover meal and providing it to those in need. This approach effectively reduces food waste while feeding more individuals. After the collection of surplus meals from designated locations, our trained and committed volunteers distribute them to various locations throughout the city, including hospitals, slums, destitute communities, and individuals residing on the streets. Since 2019, we have successfully collected and distributed over 27,000 + surplus meals. Our planet's natural resources and societal structures have endowed us with an abundance of wealth. It is our ethical obligation to channel these resources towards improving the lives of those in need. As a part of this mission, we encourage you to join us in contributing towards the betterment of our society.

नवभारत

महिलाओं को स्वस्थ रखने का अभियान

महिला दिवस : सामाजिक संस्था फाइव फोल्ड मैत्री सोसाइटी का उपक्रम

शहर संवाददाता

नागपुर. गरीब, मजदूर, बेसहारा और सड़क पर भटकने वाली विक्षिप्त महिलाओं को भी उतना ही जीवन जीने का अधिकार है जितना कि एक आम और सक्षम महिला को. इसी उद्देश्य से ऐसी महिलाओं को अब उनके मौलिक अधिकार दिलाने युवाओं की टीम सामने आई है. महिला दिवस पर सामाजिक संस्था फाइव फोल्ड मैत्री सोसाइटी ('चलो खुशियां बाँटें') एक ऐसी मुहिम की शुरुआत की है. जिससे समाज की जनधारा से अलग हो चुकी महिलाओं को सभ्य समाज में जोड़ा जा सके. उन्हें हर महीने निःशुल्क सैनिटरी पैड के साथ उनकी जरूरत के सभी सामान संस्था पहुंचाएगी. संस्था में लड़कियों की टीम इस काम का जिम्मा उठाएगी. संस्था के फाउंडर अमन भारद्वाज का कहना है महिला दिवस पर महिलाओं को स्वच्छ और स्वस्थ रखने का प्रण लिया गया है, ताकि उनकी भागीदारी सभ्य समाज के साथ देश के विकास में भी काम आ सके.

500 से अधिक हाईजीन किट बांटकर शुरुआत

फाउंडर अमन भारद्वाज ने इस कार्य की शुरुआत महिला दिवस के मौके पर की. शहर के जरीपटका, झिंगाबाई टाकली, रानी दुर्गावती चौक समेत अन्य चौराहों पर करीब 550 हाईजीन किट महिला दिवस के मौके पर बांटे गए. इस किट में 2 फेस मास्क, सैनिटाइजर, रुमाल और सैनिटरी पैड का एक पैकेट था. यह किट महिलाओं की टीम की सदस्य अनिता काटम, मीनल, साक्षी, प्रार्थना, मयूरी और हरलीन समेत सैकड़ों वालंटियर्स ने बांटा.



यहां से ले सकेंगे हर माह मुफ्त में पैड

मजदूर और गरीब महिलाएं जिनके पास पैड लेने के लिए भी पैसे नहीं होते हैं, संस्था उन्हें निःशुल्क सैनिटरी पैड बांटेगी. यह पैड मोहनलाल रूगवानी मार्ग पर भीम चौक के पास फाइव फोल्ड मैत्री सोसाइटी के ब्रांच ऑफिस में जाकर ले सकते हैं. फाउंडर अमन ने बताया कि कॉल करने पर वालंटियर्स हर वक्त आपकी मदद के लिए तैयार हैं.

महाराष्ट्र टाइम्स नागपुर । सोमवार, २९ एप्रिल २०१९

युवकांचे 'चलो खुशिया बाँटे' अभियान

ऑपद्वारे गरजूंना
अन्नदान करण्याचे
आवाहन

म.टा. प्रतिनिधी, नागपूर

तुमच्या घरी अन्न वाया जाणार असेल तर त्याची माहिती ऑपद्वारे द्या. अभियान राबविणारा स्वयंसेवक आपल्या घरी येणार आणि वाया जाणारे अन्न एखाद्या गरजूपर्यंत पोहचवून देणार. वाचून आश्चर्य वाटले ना! पण, हे आता शक्य झाले आहे. 'अन्न हे पूर्णब्रह्म' ही संकल्पना प्रत्यक्षात उतरविण्यासाठी शहरातील

युवकांनी 'चलो खुशिया बाँटे' नावाचे अभियान सुरू केले आहे. अभियानाच्या माध्यमातून वाया जाणारे वंचितांपर्यंत पोहोचविण्याचे काम करण्यात येत आहे.

शहरातील काही धडपड्या युवकांद्वारे गेल्या काही वर्षांपासून नियमितपणे अन्नदान केले जायचे. काही ठराविक कालावधीनंतर एकदा करण्यात येणारे अन्नदान पुरेसे नसल्याच्या



युवकांच्या लक्षात आले. बरेचदा अन्नदान, महाप्रसाद वितरण वा लंगर असल्यास तिथे ठराविक लोक पोहोचायचे. त्यांच्याशिवाय अनेक दिव्यांग, वृद्ध, बालक असे आहेत, जे प्रत्यक्ष येऊ शकत नव्हते. अशा वंचितांना अन्न मिळावे, एकही व्यक्ती उपाशीपोटी झोपू नये या उदात्त भावनेतून 'चलो खुशिया बाँटे' अभियानाचा शुभारंभ झाला. बरेचदा लग्नसमारंभ, लहान-मोठे उत्सव, सोहळे, कार्यक्रम तसेच घरगुती वापरातही

अन्न वाया जाते. कुठल्या ना कुठल्या घरी एखाद दुसरी पोळी, थोडासा भात, भाजी शिल्लक राहते. अशावेळी ती फेकण्यात जाते. अन्न फेकण्याऐवजी ते दान केल्यास भुकेल्या पोटाला आधार मिळू शकतो, असा विचार या संवेदनशील युवकांनी केला. त्यानुसार प्ले स्टोअरवर 'चलो खुशिया बाँटे' नावाचे ऑप सुरू करण्यात आले. तसेच व्हॉट्सअॅपवरसुद्धा त्यांचे कार्य सुरू झाले. यासाठी एकूण २६ स्वयंसेवक आज कार्यरत आहेत. फाइव्ह फोल्ड मैत्री सोसायटी या नावाने सुरू करण्यात आली. त्याअंतर्गत अभियान सुरू करण्यात आले आहे.

संस्थापक अमन भारद्वाज यांनी दिलेल्या माहितीनुसार, जानेवारी २०१९मध्ये ऑप सुरू करण्यात

अभियानामध्ये सहभागी होणाऱ्या प्रत्येक अन्नदात्याला त्याने दिलेल्या अन्नाची पावती देण्यात येते. कुणीही ऑपद्वारे मदत देऊ शकतो. आतापर्यंत दानदात्यांचा चांगला प्रतिसाद मिळाला आहे. केवळ चार महिन्यांच्या कालावधीत ऑपच्या मदतीने सहा हजार जणांना अन्न मिळाले आहे.

-अमन भारद्वाज, संस्थापक, फाइव्ह फोल्ड मैत्री सोसायटी

आले. त्याअंतर्गत आतापर्यंत २४० दानदात्यांनी सहभाग नोंदविला. दानदात्यांनी दिलेल्या अन्नाचा लाभ तब्बल सहा हजार भुकेल्यांना मिळाला आहे. यामध्ये ऑप तयार करण्यात अंश दोमणे यांनी सहकार्य केले असून अध्यक्ष रजनीश खंडागळे यांच्यासह संपूर्ण टीम शहरात कार्यरत आहे.

‘त्यांचा’ होतोय मेकओव्हर!

म. टा. प्रतिनिधी, नागपूर

व्यवस्थित केस, गुळगुळीत दाढी, स्वच्छ नखे ठेवायला कुणाला नाही आवडणार? मात्र, काहींच्या नशिबी रोजची आंघोळसुद्धा नसते. आहे त्या परिस्थितीत हे जीव आयुष्य कंठत असतात. अशांचा कायापालट करत सुस्थितीत आणण्याचे कार्य शहरातील काही स्वयंसेवक करत आहेत.

विमनस्क अवस्थेत रस्त्याकाठी, चौकात बसलेले लोक सर्वांना दिसत असतात. आक्राळविक्राळ वाढलेले केस-दाढी, मळके कपडे, अंगावर धूळ. पाहून किळस वाटावी, अशा अवस्थेत शहरातील भिक्षेकरू, मनोरुग्ण भटकत असतात. त्यांना ना स्वतःची काळजी असते ना समाजाची. ते आपल्या धुंदीत जगत असतात. अशांना चांगले स्वरूप देण्याचा; इंग्रजीत सांगायचे तर ‘मेकओव्हर’ करण्याचा उपक्रम फाइव्ह फोल्ड मैत्री सोसायटी चलो खुशियाँ बाटें ही संस्था राबवित आहे.

नवराष्ट्र
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मुलांना स्टेशनरी किटचे वितरण

नागपूर. १४ नोव्हेंबर बालदिनाचे औचित्य साधून मैत्री सोसायटीच्यावतीने ‘चलो खुशियाँ बाटें’ अंतर्गत एक कार्यक्रमाला आयोजन करण्यात आले होते. याप्रसंगी सोसायटीचे गरजू मुलांना स्टेशनरी किटचे वितरण करण्यात आले. यामध्ये पेन्सिल, पेन, नोटबुक व इतर आवश्यक साहित्याचा समावेश होता. या कार्यक्रमाचा उद्देश मुलांना शिक्षणाप्रति प्रेरित करणे व त्यांची शैक्षणिक गरजा पूर्ण करणे आहे. मुलांना आपल्या लक्ष्य

प्राप्तीसाठी कठोर परिश्रम करा, असे आवाहन याप्रसंगी संस्थेचे संस्थापक अमन भारद्वाज यांनी मुलांना संबोधित करताना केले. याप्रसंगी टीम लीडर अनीता काटम म्हणाल्या, आम्हाला उम्मेद आहे की हे किट मुलांना आपले शैक्षणिक लक्ष्य प्राप्त करण्यास मदतगार ठरेल. कार्यक्रमाच्या यशस्वीतेकरिता वालंटियर मृणाल, कल्पना, भावेश रुथवानी, एरिन सोलोमन, राजरत्न आणि सन्नी राजे यांनी सहकार्य केले.

Orange City Plus Edition

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दर दोन दिवसांनी विचारपूस

संस्थेतर्फे भिक्षेकरू तसेच मनोरुग्णांची स्वच्छता झाल्यानंतर त्यांना सॅनिटायजर, मास्क पुरविण्यात येत आहे. मुख्य म्हणजे प्रत्येक दोन दिवसांनी संबंधित व्यक्तीची विचारपूस करण्यात येत आहे. आतापर्यंत मानकापूर, जरिपटका, संविधान चौकात हा उपक्रम राबविण्यात आला आहे.



शहरात भिक्षेकरूंची संख्या कमी नाही. एरव्ही त्यांच्या खाण्यापिण्याची सोय होऊन जाते. मात्र, करोनाकाळात त्यांच्यापैकी अनेकांवर उपासमारीची वेळ आली. त्यांना करोनाचे संक्रमण होऊन त्याचा प्रसार वाढण्याचीदेखील शक्यता बळावली. या

पार्श्वभूमीवर स्वच्छतेचा संदेश देणारा हा उपक्रम सुरू करण्यात आला. या अंतर्गत चौकाचौकांतील भिक्षेकरू, मनोरुग्णांचे केस, दाढी कापून देण्यात येते. तसेच त्यांना चांगले कपडे पुरविण्यात येतात. त्यांना ताप, खोकला, सर्दी असल्यास औषधीचा पुरवठा केला जातो. याबाबत अधिक सांगताना संस्थापक अमन भारद्वाज म्हणाले, ‘सोशल मीडियाच्या माध्यमातून हा उपक्रम सुरू करण्यात आला. आमच्याकडे माहिती प्राप्त होणाऱ्या व्यक्तीचे थर्मल स्क्रीनिंग केले जाते. त्यानंतर त्याची संपूर्ण स्वच्छता करून केस, नख कापून देण्यात येतात.’

नवभारत

जरूरतमंदों में भोजन का वितरण

नागपूर, कार्यालय प्रतिनिधि. सामाजिक संस्था फाइव फोल्ड मैत्री सोसायटी (पंजी.) द्वारा अपने अभियान चलो खुशियाँ बाटें के अंतर्गत भोजनदान का आयोजन किया गया. यह आयोजन हर महीने किया जाता है ताकि जरूरतमंद लोगों को पौष्टिक भोजन दिया जा सके. इस दौरान कार्यक्रम में कोविड की सुरक्षा हेतु टीकाकरण के बारे में जागरूक किया गया, भोजन की बर्बादी रोकने की शपथ दिलाई गई. पानी बचाओ, पेड़ लगाओ और ट्रैफिक नियमों के बारे में पुस्तकों के माध्यम से और वालंटियर द्वारा शिक्षित किया गया. इस



भोजनदान में संस्था के स्वयंसेवकों के इलावा अमित शिंदे, लक्ष्मण राठौड़, विल्सन पाटिल, निकेतन लोखंडे, भाई विक्रान्त, ज्योति जेम्ज, मीना जैसवाल, सुभाषी, प्रधन्या, अंतरा और विजया का सहयोग रहा.

नवभारत

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जरूरतमंद लोगों में बांटा भोजन



नागपूर. नववर्ष पर फाइव फोल्ड मैत्री सोसायटी ने अपने अभियान चलो खुशियाँ बाटें के अंतर्गत शहर के विभिन्न विभिन्न स्थानों पर जरूरतमंद लोगों को भोजन दान किया. बुधवार को करीब 500 के करीब लोगों को भोजन दान किया है. इस अभियान में अनीता काटम, मृणाल, सन्नीराज, वैष्णवी, निकेश, भावेश, ज्योतिरादित्य, अंजली और प्रियंका ने अपना योगदान दिया.

DON'T WASTE FOOD - DONATE FOOD



Where can I donate
surplus food ?

CALL

1800 120 327733

10 AM TO 10 PM (MONDAY TO SATURDAY)

"Our objective is to distribute excess food
to individuals in need."

(Currently limited to the city of Nagpur)

अगर आपके घर में कोई पार्टी या फंक्शन है और अच्छी गुणवत्ता वाला खाना बच सकता है तो आप हमें **एक दिन पहले बता दें**, अगर खाना बचेगा तो हमारी समर्पित और शिक्षित टीम वो खाना लेकर जरूरतमंद लोगों में बाँट देगी और अगर खाना नहीं भी बचेगा तो भी कोई बात नहीं हमारी टीम तयार रहेगी. हम 2017 से लगातार आप सभी के सहयोग से अभियान चलो खुशियां बाटें के अंतर्गत बेघर और जरूरत मंद लोगों को खाने और कपड़े से मदद करते आ रहे हैं। अब तक 27000+ खाने के पैकेट आप लोगों की मदद से हमने आप लोगों के घर या पार्टी हॉल से ले कर जरूरत मंद लोगों तक पहुँचाया है और खाने की बर्बादी को रोकने में मदद की है।

Our mission is to combat hunger and malnutrition by providing sustenance for all.

STOP FOOD WASTING

As per Global Hunger Index 2022, India's score of 29.1 ranks 107th out of 121 countries, indicating a serious level of hunger. This marks a decline of 6 positions from 2021's rank of 101. With regards to South Asian countries, only Afghanistan fared worse, ranking at 109th.

Additionally, the prevalence of undernourishment has escalated from 14.6% in 2018-2020 to 16.3% in 2019-2021. This translates to 224.3 million individuals in India being undernourished, out of a total of 828 million globally. The loss of 3.7% of children under five years of age is another alarming aspect of this issue.

UNICEF has reported that nearly 8 million children under five years of age in 15 crisis-ridden countries are at risk of perishing due to severe wasting unless they receive immediate therapeutic food and care. Severe wasting, which is the most visible and lethal form of undernutrition, leads to weakened immune systems, increasing the risk of death by up to 11 times in children under five years of age compared to well-nourished children.

Hunger and malnutrition pose significant challenges in our current era. The implications of inadequate or inappropriate sustenance extend beyond poor health and human suffering, affecting progress in other vital developmental areas such as education and employment. The government, alongside other institutions, is tirelessly working towards the eradication of hunger by 2030. Is this goal achievable? Absolutely. There's no time like the present to take responsibility and work towards this objective. If we act now, there's a possibility of eradicating hunger from our society.

IT'S IMPERATIVE THAT NO INDIVIDUAL IN INDIA SHOULD SUFFER FROM HUNGER.

Our journey commenced with a compelling vision to spread happiness and joy via the mission CHALO KHUSHIYAN BATEIN. This initiative involves a monthly Food Langar and Food Distribution Drive targeting underprivileged members of society residing in Nagpur city. Our primary objective is to ensure that no individual goes to bed hungry, a significant and prevalent issue affecting many households today. We take pride in the fact that our efforts have successfully fed over 1,21,200 individuals through our monthly langars conducted at various locations in Nagpur.

To increase citizen engagement, we have devised a distinctive approach to gather surplus food directly from households, hotels, marriage halls, and event venues and distribute it amongst the less fortunate. Our initiative involves collecting even a single leftover meal and providing it to those in need. This approach effectively reduces food waste while feeding more individuals. After the collection of surplus meals from designated locations, our trained and committed volunteers distribute them to various locations throughout the city, including hospitals, slums, destitute communities, and individuals residing on the streets. Since 2019, we have successfully collected and distributed over 27,000 + surplus meals. Our planet's natural resources and societal structures have endowed us with an abundance of wealth. It is our ethical obligation to channel these resources towards improving the lives of those in need. As a part of this mission, we encourage you to join us in contributing towards the betterment of our society. If you're interested in donating, please call our toll-free number at 1800 120 327733. You can also download our application, "CHALO KHUSHIYAN BATEIN," which will enable you to provide nourishment to those who require it with just a few taps or a single call.





Newborn Baby Care Kit Distribution

Distribution of essential newborn baby care kits at L. A. Daga Hospital, Nagpur on 01.01.2024 as a New Year's gift to our newest arrivals!



Awareness Campaigns

- **To** foster a sense of responsibility and community engagement towards the underprivileged members of society, CHALO KHUSHIYAN BATEIN © has relaunched its Awareness Campaigns this year 2024 with an aim to make aware society of our NGO, the work, and their contribution to building a better tomorrow.
- **To** build a more informed, empathetic, and engaged society that actively contributes to positive social change, Awareness Sessions were organized for the students by CHALO KHUSHIYAN BATEIN at various Tuition centers across Nagpur.



Diwali Donation Campaigns

- **In** collaboration with Five Fold Maitri Society (Regd.), Orange City Water Pvt. Ltd. Nagpur organized a Diwali Donation Drive which ensured that the contributions reach the hands of those who need them wherever they may be in the city. O.C.W. zones allowed people to contribute various items that can bring comfort and relief to those less fortunate and offered a chance to make a significant impact in the lives of those in need this festive season.
- **As** part of the Government Dental College, Nagpur's "Joy of Giving" campaign, the 2018 graduating class has donated surplus clothing and soft toys for the less fortunate members of our community. Receiving the donation from such a young enthusiast for the second year in a row has been a great pleasure.

THE BEST NGO IN THE CITY

The Five Fold Maitri Society is a leading organization in the city known for its impactful initiatives and commitment to promoting joy and contentment among individuals, regardless of their background. They address critical social needs through initiatives such as providing food, clothes, and ration kits to underprivileged families.

The society upholds transparency and accountability through a comprehensive audit mechanism and engages with the community through training and awareness camps. They prioritize volunteer development and take a holistic approach to elevate the quality of life for the underprivileged. The society's strategic planning includes future plans to support widows and establish schools, daycare centers, old age homes, and community kitchens.

Overall, the society's reputation is built on its mission, impact, transparency, community engagement, volunteer development, holistic approach, and strategic planning.

Five Fold Maitri Society, Chalo Khushiyan Batein team, helps needy people who actually require food and clothes. I never expected that they could make people happy. I was happy because I joined this team CKB and learned new things about how to make needy people happy and how to work in the present as an individual or a team. I also learned how to manage time, communication skills, leadership skills, how to make plans, and how to execute them. So, I want to say thank you to CKB NGO; they are doing great work. Thank you, sir, and the team of CKB.

Chalo Khushiyan Batein (CKB) has been that unconventional NGO which does real and genuine work for the needy and underprivileged segments of society. As an Intern, it helped me to widen the horizon of my thoughts. The NGO believes in being unique and that's their USP. It works on various campaigns on different aspects including taboos, psychology, working towards the needy, and societal welfare. It exposed me to the real world which will very much help me in my upcoming times. Thank you CKB. I look forward to having a fruitful association with you.

• **Prachi Bhoyar, Intern**



• **Akshay Acharya, Intern**





Children's Day 2024

Locations

The event was conducted in three different locations across Nagpur:

1. Jaitala: A densely populated area with a significant number of underprivileged families, where access to educational resources is limited.
2. Bhamti: Another slum area characterized by economic challenges, where children often lack basic educational materials.
3. Adivasi Prakashnagar (Dipti Signal): A community with a high population of tribal families, facing unique socio-economic hurdles.

Each location was carefully selected to reach a significant number of underprivileged children who would benefit from the initiative.

The Generous Donation that Made it Possible

The stationary kits distributed during the event were provided by a generous donor who believes in the transformative power of education. Each kit included essential items like drawing books, crayons, pencils, and erasers—tools that many of these children do not have regular access to but are crucial for fostering creativity and academic growth.

Distribution of Stationary Kits

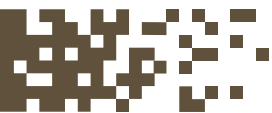
The event commenced with the distribution of stationary drawing kits to the children.

Each kit included essential items such as:

- Coloured Pencils: To encourage artistic expression.
- Sketchbooks: Providing a canvas for creativity.
- Erasers and Sharpeners: Essential tools for any young artist.
- Crayons and Markers: Additional mediums for creative exploration.

The kits were well-received, and the joy on the children's faces was evident as they received their gifts.

This distribution not only provided the children with necessary educational tools but also instilled a sense of pride and excitement about learning.





MENSTRUATION HYGIENE AWARENESS CAMPAIGN

This session was extremely successful and efficient in every manner as we covered all the necessary information regarding menstruation hygiene and were able to break the myths and taboos. The doctor shed light on some important aspects of menstruation—why it occurs and why it is necessary to maintain proper hygiene, the diet, and the lifestyle to have during the menstrual cycle, and why there is a need to educate men in our society. All these activities were going on simultaneously, and our team was enthusiastically gearing up for the Sanitation Kit distribution drive held on 08 March 2024 to celebrate International Women's Day.

On 06 March 2024, we began our task to prepare the Sanitary Kit—packing Sanitary Pads, Sanitizer bottles, Handkerchiefs, and biodegradable bags—with our entire One Dot Team in our office at Jaripatka, Nagpur. And on 08 March 2024, the day when the whole world was paying respect to all women and celebrating International Women's Day, we, the Five Fold Maitri Society, celebrated Women's Day by distributing the Sanitary Kit to needy and underprivileged women—to the destitute, labour class women, slums, and streets of Nagpur City—and pledged to continue to do so.

The aforementioned drive was successfully completed by our energetic volunteers Mrs. Megha Garde (Project Head), Mr Ansh Dhomne (Project Coordinator), Ms Priyanka Jambhulkar, Ms Anita Katam, Ms Vaishnavi Barapatre, Mr Vishal Regundwar, Mr Sunnyraj Katam, Mr Mohit Garde & Mr Mrunal Khadode (Media Head) under the able guidance and supervision of Mr Vinesh Ukey.

DONATE

Check out what your donation can do.

100/-

1 Menstrual Hygiene Kit

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- ✓ SANITARY PADS DISTRIBUTION
- ✓ STATIONARY KITS DISTRIBUTION
- ✓ MONTHLY RATION KITS TO WIDOWS
- ✓ DESTITUTE MAKEOVER
- ✓ DISHA - A Direction
- ✓ INTERNSHIP FOR STUDENTS
- ✓ AWARENESS CAMPS
- ✓ EDUCATION HELP